

During the end of 2017, I established my goals/priorities for 2018. It was during this time I discovered the Motivational Mindset Movement. This movement has been a big blessing to my life, as the affirmation positive thoughts produces positive results, has helped me to remain positive regardless of what the situation looks like. It has been during these situations I began to incorporate another affirmation of the movement to simply say thank you. These affirmations

have been a constant reminder that the situation was already worked out for my good.

Angela Marie Jones-Braggs has been very transparent and delivers her message in a way that can be easily understood. Her transparency has allowed me to truly connect with her and not only be receptive to her message, but has me coming back day after day ready to hear her word. 2018 is definitely, "My Yes Year".

## -Kristen Deloach-Scott

